



# ZOSIA ROBERTS

CHIROPRACTOR

## BACKGROUND

Zosia Roberts is joining us on the weekends! She did her internship with us in early 2022 to finish out her education at Palmer College in Florida! She is following in her family's footsteps, as the 5th chiropractor in the family, including both her parents! She grew up in Landenberg, PA where her parents live and practice. Zosia has been an avid athlete since childhood, playing field hockey from middle school and into college where she joined Liberty University's Division 1 team her sophomore year. While she hasn't been able to play recreationally since, she still loves the sport and enjoys following the NCAA teams compete each year. Recently, she began coaching at OrangeTheory Fitness where she loves helping members reach their fitness goals and experience more life! Her most exciting news of late is becoming a dog momma to her pup Tessa.

## EDUCATION

Zosia graduated with a Bachelors of Science in Exercise Science from Liberty University in May 2018. She graduated from Palmer College of Chiropractic in Port Orange, Florida in March 2022. She was salutatorian of her class and graduated with academic excellence. Throughout her time at Palmer she was president of the campus' chapter of the International Chiropractic Pediatrics Association (ICPA). The team she led covered topics of women's health, pediatric, and prenatal chiropractic care. Zosia is experienced in a variety of chiropractic techniques.

## WHY CHIROPRACTIC?

Chiropractic seems to run in the blood in Zosia's family! Once having decided on a career in healthcare, she knew that she wanted to help people in a hands-on way. She thought, "What better tools to use than my own two hands?" Chiropractic was the obvious choice, after all she's been getting adjusted since she was born! Zosia loves all the different ways chiropractic can be applied to facilitate the body's innate healing. She is most passionate about women's health and pediatrics but also loves caring for the whole family!

## **WHAT DO YOU LOVE TO DO IN YOUR FREE TIME?**

Zosia is very active. In her free time, she can be found coaching classes at OrangeTheory Fitness, exploring new places to eat, and spending time with her puppy Tessa! She is always up for adventures and welcomes suggestions for fun things to do in Colorado!