



ALYSSA OYLER

WELLNESS COORDINATOR

BACKGROUND

Alyssa was born and raised in a small Indiana town just outside of Cincinnati, Ohio. She has had health, wellness, and fitness apart of her life since she was young. She found a love for CrossFit and weight training at the age of 12 and has played club, high school, and intramural soccer since she was 4 years old. Alyssa graduated from high school and moved to Colorado for college in 2018.

EDUCATION

Alyssa recently graduated with her BA in Integrative Physiology from University of Colorado Boulder. She plans to take some time off, then go to grad school to become a chiropractor.

WHY CHIROPRACTIC?

As an aspiring Chiropractor, Alyssa has a deep passion for holistic and functional medicine and the power it has to help you reach your optimal health. She joined the Wash Park Chiro team to gain experience and knowledge in her time off from school, as well as be apart of a fun team of people who share a similar passion.

WHAT DO YOU LOVE TO DO IN YOUR FREE TIME?

In her free time, Alyssa loves to be outside as much as possible, especially with her friends and family. She enjoys to cook, ski, work out, wake surf, hike, and spend lots of time with her dog, Naji. She also enjoys going to concerts, traveling, and exploring new coffee shops.